

THE ESSELMONT

BAR & RESTAURANT

— VEGAN MENU —

◦ STARTERS ◦

TOMATO & BASIL SOUP 4.50

with crusty bread

SMASHED AVOCADO
ON TOASTED CIABATTA (N) 7.00

watercress, pistachio & tomato

SPICY BEAN & WATERCRESS SALAD 7.00

◦ MAINS ◦

CHICKPEA & VEGETABLE CURRY (N) 13.50

mango rice & almonds

VEGETABLE BUBBLE & SQUEAK 13.50

smoked sweetcorn & apricot puree

BUTTERNUT SQUASH, SPINACH
& TRUFFLE RISOTTO 14.50

CRISPY TOFU & RED QUINOA SALAD 12.00

mixed bean, apple salad & spicy tomato chutney

◦ FINE PIECES ◦

CHOCOLATE BROWNIE 7.00

served with fruit coulis

SORBET OF THE DAY 6.00

served with strawberries

FRESH FRUIT SALAD 6.00