

THE ESSLEMONT

BAR & RESTAURANT

GLUTEN FREE MENU

STARTERS

SOUP OF THE DAY 4.50
Served with a gluten free bread

ESSLEMONT CULLEN SKINK 5.50
Served with a gluten free bread

PAN FRIED SHETLAND SCALLOPS 11.00
Asian vegetables

WARM CONFIT CHICKEN SALAD (N) 8.00
Walnuts, endive leaf & blue cheese

FETA, OLIVE & ROAST
PEPPER BRUSCHETTA (V) 7.50
Balsamic reduction

SALADS & SANDWICHES

HOT SMOKED SALMON NICOISE SALAD 15.00
Baked salmon fillets, new potatoes, green beans, egg, olives, plum tomatoes & dressing

CHICKEN CAESAR SALAD 13.00
Grilled chicken, crisp lettuce, bacon, Caesar dressing & parmesan shavings

GRILLED HALLOUMI SANDWICH (V) 11.50
Gluten free bun, marinated olives, vine tomatoes, baby watercress, basil pesto & balsamic

CLUB SANDWICH 12.00
Chargrilled chicken, bacon, lettuce, fresh tomatoes & egg mayo

ADD Chips £1.50 | Sandwiches available until 5pm

MAINS

CIDER BRAISED PORK BELLY 17.00
Black pudding mash potato with butternut squash, roast courgette & toffee apple jus

PAN FRIED DUCK BREAST 20.00
Orange gel & balsamic, baby onions, sautéed potatoes & fondant carrot

SLOW ROASTED BEEF SHORT RIB 18.00
Chipotle & coffee spiced rib, sweetcorn salsa, spicy rice & peas

GARLIC & LEMON THYME
ROAST CHICKEN SUPREME 17.00
Dauphinoise potatoes, peas, green beans, asparagus & lemon cream sauce

FISH

BAKED HALIBUT FILET 23.00
Smoked salmon mash, green beans & samphire with a dill cream sauce

ROAST COD FILLET 18.00
Butterbean & chorizo puree, vine tomatoes, grilled little gem & salsa verde

STEAKS

OUR STEAKS ARE LOCALLY SOURCED & SERVED WITH THICK CUT CHIPS,
WILD FIELD MUSHROOMS & A GRILLED BEEF TOMATO

8OZ SCOTCH FILLET STEAK 29.50

12OZ SCOTCH RIBEYE STEAK 28.00

Choice of sauce: Peppercorn / Whisky Sauce / Diane

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BURGERS

OUR BURGERS ARE SERVED IN A GLUTEN FREE BUN WITH OUR
HOMEMADE BBQ TOMATO RELISH & SKINNY FRIES

THE ESSLEMONT 7oz PRIME
BEEF BURGER 13.50

CHARGRILLED CHICKEN BREAST 13.50

Toppings: Bacon / Cheese / Fried Onions 1.00

FINE PIECES

LEMON POSSET WITH POACHED
RHUBARB COMPOTE 7.50

SELECTION OF ICE CREAM
& SORBET 6.00

SELECTION OF SCOTTISH
& FRENCH CHEESES 8.00
Served with chutney & gluten free oatcakes

SIDES Thick Cut Chips / Skinny Fries / Truffle & Parmesan Skinny Fries / Chilli, Sesame & Lime Broccoli / Spicy Mixed Bean Salad / Sautéed Garlic Greens / Homemade Garlic Bread 4.00