

GLUTEN FREE

THE ESSELMONT

A SCOTTISH TAPAS RESTAURANT

MEAT TAPAS

Stovies Croquettes	9
Beetroot, house made brown sauce, oatcakes	
Chicken Skewers	9
Mango & coriander salsa	

FISH TAPAS

Shetland Scallops	13
Creamed leeks, crisp pancetta	
Duo Of Salmon	9.5
Hot smoked salmon, smoked salmon, petit green salad, GF bread, caper mayo	
Tempura King Prawns	9.5
Angus & Oink garlic butter mayonnaise, rocket	
Blue Flag Shetland Mussels	10
White wine, watercress & ginger sauce, GF bread	
Peterhead Smoked Haddock Fishcakes	9
Citrus and Dill mayo	

VEGGIE TAPAS

Artichoke, Woodland Mushroom & Parmesan Bruschetta [v]	8
Tarragon mayonnaise	
Smoked Arran Cheddar & Beetroot Arrancini [v]	9
Arran fruit chutney	
Chicory, Walnut, Pear & Goat's Cheese Salad [v]	7.5
Raspberry vingerette	

DESSERTS

Warm Sticky Toffee Pudding	9
Served with toffee sauce & Mackies traditional ice cream	
Rhubarb & White Chocolate Mousse	9
Scottish Pancakes	9
Caramelised banana, chocolate sauce & peanut butter ice cream	
Selection of Scottish Cheese	10
Served with apple jelly, house chutney, boozy apricots & GF oatcakes	
Selection of Mackies Ice Creams and Sorbets	8

MAINS

Pan Fried Lamb Chump	22
Sautéed spring greens, pea purée, sun dried tomatoes, garlic roasted new boiled potatoes, redcurrant & mint jus	
Oven Baked Chicken Supreme	20
Tender stem broccoli, carrot purée, rosemary infused fondant potato wrapped in streaky bacon, thyme jus	
Miller of Speyside Braised Shin of Beef	22
Creamy mash, asparagus, & peas, red wine gravy	
Woodland Mushroom, Spinach & Watercress Risotto [v]	16
Parmesan & truffle oil	
Market Special of the day	POA

GRILL

Prime Matured Steaks

Served with homemade hand cut chips, roasted plum tomato & a flat cap mushroom

Fillet Steak 8oz	35
Ribeye Steak 8oz	28
❖ Sauces: Peppercorn / Blue Cheese / Diane	2 Each

Burgers

Served in gluten free bun with chipotle mayo, baby gem lettuce, tomato, red onions, seasoned skinny fries & spicy tomato ketchup

Luxury Scottish Beef Burger	18
Chargrilled Chicken Burger	18
Falafel & Spinach Burger [v][ve]	17
❖ Add: Jalapeños	1 Each
❖ Add: Cheese / Ayrshire Bacon	2 Each

FISH

Peterhead Haddock & Chips	19.5
Fierce Beer battered haddock, mushy peas, hand cut chips and a homemade tartare sauce	
Oven Baked Fillet Of Cod	23.5
Parsnip purée, sautéed woodland mushrooms, curly kale, crushed new potatoes, Chardonnay cream sauce	

SIDES [ALL 4]

❖ Minted Petit Pois	❖ Sweet Potato Fries
❖ Sauteed Spring Greens	❖ Onion Rings
❖ Rocket & Parmesan Salad	❖ Hand Cut Chips or Skinny Fries
	Truffle & Parmesan 2
	Crispy Onions, Sour Cream & Chive 2

[v] Vegetarian [ve] Vegan [N] Contains Nuts

Please let our staff know of any food allergies & intolerances before ordering. Vegan & gluten free menus available on request.

THE ESSLEMONT

A SCOTTISH TAPAS RESTAURANT



PROUD TO USE LOCAL SUPPLIERS

HM SHERIDAN'S BUTCHER

www.hmsheridan.co.uk

THE BREAD GUY

www.thebreadguysbakery.co.uk

BLUE FLAG SEAFOODS

www.facebook.com/blueflagseafoods

ANGUS & OINK

www.angusandoink.com

MILLERS OF SPEYSIDE

www.millersofspeyside.co.uk

G MCWILLIAM

www.gmcwilliam.co.uk