

THE ESSELMONT

BAR & RESTAURANT

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GLUTEN FREE MENU

STARTERS

SOUP OF THE DAY (V) - 4.50
Gluten free bread & butter

MARINATED CHICKEN SKEWERS (N) - 7.50
Served with satay sauce

TEMPURA KING PRAWNS - 8.50
Charred corn & cherry tomato salsa, green herb mayo

SCALLOPS WITH CORN PURÉE - 12.00
Oriental pork burnt ends, marinated cucumber & kohlrabi, soy & ginger dressing
Perfect Pairing: Picpoul De Pinet

ANTIPASTI BOARD (SERVES 2) - 16.00
Sliced prosciutto, home smoked duck breast, pastrami, homemade chutney, gherkins, marinated olives & bocconcini

DUCK EGG & GRILLED ASPARAGUS (V) - 7.50
Parma ham crisp & hollandaise sauce

CONFIT DUCK TERRINE (N) - 8.00
Hazelnuts, raspberry vinaigrette, toasted brioche & lamb's lettuce
Perfect Pairing: Raspberry Collins

MAINS

PAN SEARED BEEF MEDALLIONS - 19.50
Wild garlic puree, sweet potato rosti, carrot & courgette spaghetti, chimchurri sauce
Perfect Pairing: Ruca Malen Malbec

PAN ROASTED LAMB CHUMP - 19.00
Parmentier potatoes, peas, tenderstem broccoli, carrot puree & fresh mint sauce

PORK SCHNITZEL - 18.00
Served with roasted cherry vine tomatoes & crème fraîche linguini, rocket pesto

VEAL TOPSIDE - 18.50
Stuffed with pinenut, gouda & spinach, served with roasted cherry vine tomatoes & basil mashed potatoes

ROSEMARY ROASTED CHICKEN BREAST - 17.00
Charred spring onion, mashed potatoes, baby corn & tarragon cream

MOROCCAN ROASTED AUBERGINE (N) - 15.00
Saffron almond & date rice, wilted spinach & chermoula sauce

BAKED GOAT CHEESE CROTIN (V) - 14.00
Heritage tomato & rocket salad, aged balsamic dressing & parmentier potatoes, caramelized red onion

FISH

PARMESAN CRUSTED HALIBUT - 18.00
Herby tomato salsa, mashed potatoes & sautéed spring greens
Perfect Pairing: Homer Reisling

NORTH SEA HADDOCK & CHIPS - 16.50
Beer-battered Peterhead haddock with crushed peas, homemade chunky chips & tartare sauce

MONKFISH GOUJONS - 18.00
Skinny fries, house salad & salsa verde mayo
Upgrade to sweet potato fries (£1.00)

GRILL

STEAKS

SERVED WITH HOMEMADE HAND CUT CHIPS,
ROASTED PLUM TOMATO & FLAT CAP MUSHROOM

FILLET STEAK 8OZ - 32.00
RIBEYE STEAK 8OZ - 24.00

Sauces: Peppercorn (2.00) / Blue Cheese (2.00) / Diane (2.00)

BURGERS

SERVED IN A GLUTEN FREE BUN WITH FRESH TOMATO,
CRISP LETTUCE, HOMEMADE SAUCE & SKINNY FRIES

BEEF BURGER 6OZ - 14.00
CHICKEN BREAST BURGER - 13.00

Additional: Mature Cheddar (1.00) / Crispy Bacon (1.00)
Fried Onions (1.00) / BBQ Pulled Pork (2.00) / Blue Cheese (2.00)

SIDES

BREAD & OLIVES	4.00
TRUFFLE & PARMESAN FRIES	4.00
ROASTED ROOT VEGETABLES	3.00
SAUTÉED GREENS	4.00
HOUSE SALAD	3.00
SWEET POTATO FRIES	4.00
CRISPY ONION RINGS	3.00
<i>Served with garlic aioli</i>	
BREADED MOZZARELLA FRIES	4.00
<i>Served with a BBQ dip</i>	

SWEETS

ICED BERRY PARFAIT	7.50
CHOCOLATE & HONEYCOMB POT	7.50
STICKY TOFFEE PUDDING	7.50
SELECTION OF SORBETS & ICE CREAM	6.00
TRIO OF LOCAL CHEESES	8.00

PLEASE LET OUR STAFF KNOW OF ANY FOOD ALLERGIES & INTOLERANCES BEFORE ORDERING. VEGAN & GLUTEN FREE MENUS AVAILABLE ON REQUEST.
(V) VEGETARIAN / (N) CONTAINS NUTS / (DF) DAIRY FREE